

# Prayers of the Church

recommended in

"Awakenings"

**Religious Education Curriculum  
for the Diocese of Ballarat**

Compiled by  
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## **The Sign of the Cross**

**In the name of the Father, and of the Son,  
and of the Holy Spirit. Amen.**

## **Doxology (Glory Be to the Father)**

**Glory be to the Father, and to the Son,  
and to the Holy Spirit:  
As it was in the beginning, is now,  
And will be for ever. Amen**

## **Hail Mary**

**Hail Mary, full of grace,  
the Lord is with thee;  
Blessed art thou among women,  
and blessed is the fruit of thy womb, Jesus.  
Holy Mary, mother of God,  
pray for us sinners,  
now and at the hour of our death. Amen**

## **The Lord's Prayer**

**Our Father who art in heaven  
hallowed be thy name  
Thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil. Amen.**

(Alternate Ecumenical Text)

**Our Father in heaven,  
Hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Save us from the time of trial  
and deliver us from evil. Amen.**

## **Act of Contrition**

**O my God, I am very sorry  
that I have sinned against you,  
because you are so good,  
and with your help  
I will not sin again.**

## **The Confiteor**

**I confess to almighty God,  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have failed to do,  
through my fault, through my fault,  
through my most grievous fault;  
therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.**

**May almighty God have mercy on us,  
forgive us our sins,  
and bring us to everlasting life. Amen.**

## **Nicene Creed**

**I believe in one God,  
the Father Almighty,  
maker of heaven and earth,  
of all things visible and invisible.  
I believe in one Lord, Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made, consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation  
he came down from heaven,  
and by the Holy Spirit was incarnate of the Virgin Mary,  
and became man.  
For our sake he was crucified under Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored and glorified,  
who has spoken through the prophets.**

**I believe in one, holy, catholic and apostolic Church.  
I confess one Baptism for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come.     **Amen.****

## **The Apostles' Creed**

**I believe in God,  
the Father almighty,  
Creator of heaven and earth.  
and in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died and was buried;  
he descended into hell;  
on the third day he rose again from the dead;  
he ascended into heaven,  
and is seated at the right hand of God the Father almighty;  
from there he will come to judge the living and the dead.**

**I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting. Amen.**

### **Morning Offering**

**O Jesus through the most pure heart of Mary,  
I offer you the prayers, works, joys  
and sufferings of this day  
for all the intentions of your Divine Heart.**

**OR**

**Lord, I give you today my prayers,  
thoughts, works, actions,  
that they may be for your glory  
and the good of the world.**

**OR** *(For younger children)*

**O my God I give to you  
all I think, or do or say**

**all my work and all my play  
I will give to you today.**

## **Grace Before Meals**

**Let all your works praise you, O Lord.**

**Response: LET ALL YOUR PEOPLE BLESS YOU.**

**Bless us, O Lord, and these your gifts  
which we are about to receive from your goodness.  
Through Christ our Lord.**

**Response: AMEN**

## **Grace After Meals**

**Let all your works praise you, O Lord.**

**Response: LET ALL YOUR PEOPLE BLESS YOU.**

**We give you thanks for all your gifts, almighty God,  
living and reigning now and for ever.**

**Response: AMEN**

## **Hail Holy Queen**

**Hail Holy Queen, Mother of Mercy,  
Hail, our life, our sweetness, and our hope.  
To you we cry, the children of Eve;  
to you do we send up our sighs,  
mourning and weeping in this land of exile.  
Turn then, most gracious advocate,  
your eyes of mercy towards us;  
lead us home at last  
and show us the blessed fruit of your womb, Jesus.  
O clement, O loving, O sweet Virgin Mary! Amen.**

## **Magnificat**

**My soul proclaims the greatness of the Lord,  
my spirit rejoices in God my saviour,  
who has looked with favour on his lowly servant.  
From this day all generations will call me blessed:  
the Almighty has done great things for me  
and holy is his name.  
God has mercy on those who fear him,  
from generation to generation.  
The Lord has shown strength with his arm  
and scattered the proud in their conceit,  
casting down the mighty from their thrones  
and lifting up the lowly.  
God has filled the hungry with good things  
and sent the rich away empty.  
He has come to the aid of his servant Israel,  
to remember the promise of mercy,  
the promise to our forebears,  
to Abraham and his children forever.**

## **How to Pray the Rosary.**

*We meditate on the Mysteries of the Rosary, thinking about each event in the life of Jesus and Mary, as we say one Our Father on each large (or separate) bead and ten Hail Marys on the beads gathered in tens(decades)*

### **Joyful Mysteries** *(Monday & Saturday)*

- 1. The Annunciation of the Lord**
- 2. The Visit of the Virgin Mary to Elizabeth**
- 3. The Birth of the Lord**
- 4. The Presentation of the Lord**
- 5. The finding of Jesus in the Temple**

### **Sorrowful Mysteries** *(Tuesday & Friday)*

- 1. Jesus in the Garden of Gethsemane**
- 2. Jesus is scourged**
- 3. Jesus is crowned with thorns**
- 4. Jesus carries his Cross**
- 5. Jesus dies on the Cross**

### **Glorious Mysteries** *(Sunday & Wednesday)*

- 1. The Resurrection of the Lord**
- 2. The Ascension of the Lord**
- 3. The Descent of the Holy Spirit**
- 4. The Assumption of the Virgin Mary into Heaven**
- 5. The Queenship of the Virgin Mary**

### **Luminous Mysteries** *(Thursday)*

- 1. The baptism of Jesus in the Jordan**
- 2. The wedding feast of Cana**
- 3. The proclamation of the Kingdom of God**
- 4. The transfiguration of Jesus**
- 5. The first Eucharist**

At the end of each decade, we say one Glory be, and it is customary to add:



**“O My Jesus, forgive us our sins, and save us from the fires of hell.  
Bring all souls to heaven, especially those who most need your  
mercy.”**

## **The Angelus**

(said in the morning, at noon and at night time)

**The angel spoke God’s message to Mary,  
R: AND SHE CONCEIVED OF THE HOLY SPIRIT**

*Hail Mary ...*

**“I am the lowly servant of the Lord:  
R: LET IT BE DONE TO ME ACCORDING TO YOUR WORD.”**

*Hail Mary ...*

**And the Word became flesh  
R: AND LIVED AMONG US.**

*Hail Mary ...*

**Pray for us, holy Mother of God,  
R: THAT WE MAY BECOME WORTHY OF THE PROMISES OF  
CHRIST.**

*Let us pray.*

**Lord,  
fill our hearts with your grace;  
once, through the message of an angel  
you revealed to us the incarnation of your Son;  
now, through his suffering and death  
lead us to the glory of his resurrection.  
We ask this through Christ our Lord.  
R. AMEN**

## **Responses for Mass**

**Presider:** In the name of the Father, and the Son and of the Holy Spirit.

**Response:** **AMEN**

**Presider:** The Lord be with you.

**Response:** **AND WITH YOUR SPIRIT.**

**Presider:** May almighty God have mercy on us,  
forgive us our sins,  
and bring us to everlasting life.

**Response:** **AMEN**

**OR**

**Response:** **LORD HAVE MERCY.  
CHRIST HAVE MERCY.  
LORD HAVE MERCY.**

### **1<sup>st</sup> Reading & 2<sup>nd</sup> Reading**

**Reader:** This is the word of the Lord

**Response:** **THANKS BE TO GOD**

### **At the Gospel**

**Presider:** The Lord be with you.

**Response:** **And with your Spirit**

**Presider:** A reading from the Holy Gospel according to N.

**Response:** **Glory to you, O Lord.**

**Presider:** This is the Gospel of the Lord

**Response:** **PRAISE TO YOU LORD JESUS CHRIST**

**THE NICENE CREED/APOSTLES' CREED is recited by everyone.**

### **Prayers of Intercession**

**Reader:** Lord Hear Us

**Response:** **LORD, HEAR OUR PRAYER.**

**The Liturgy of the Eucharist.**

**Response: BLESSED BE GOD FOR EVER.**

**Presider:** Pray brethren, that my sacrifice and yours may be acceptable to God, the almighty Father.

**Response: MAY THE LORD ACCEPT THE SACRIFICE AT YOUR HANDS FOR THE PRAISE AND GLORY OF HIS NAME, FOR OUR GOOD AND THE GOOD OF ALL HIS HOLY CHURCH.**

**Presider:** The Lord be with you.

**Response: AND WITH YOUR SPIRIT**

**Presider:** Lift up your hearts.

**Response: WE LIFT THEM UP TO THE LORD.**

**Presider:** Let us give thanks to the Lord our God.

**Response: IT IS RIGHT AND JUST**

**HOLY, HOLY, HOLY LORD GOD OF HOSTS.  
HEAVEN AND EARTH ARE FULL OF YOUR GLORY.  
HOSANNA IN THE HIGHEST.  
BLESSED IS HE WHO COMES IN THE NAME OF THE LORD.  
HOSANNA IN THE HIGHEST.**

**Memorial Acclamation of the people.**

**Presider:** Let us proclaim the mystery of faith.

**WE PROCLAIM YOUR DEATH, O LORD,  
AND PROFESS YOUR RESURRECTION  
UNTIL YOU COME AGAIN.**

**OR**

**WHEN WE EAT THIS BREAD AND DRINK THIS CUP,  
WE PROCLAIM YOUR DEATH, O LORD,  
UNTIL YOU COME AGAIN.**

**OR**

**SAVE US, SAVIOUR OF THE WORLD  
FOR BY YOUR CROSS AND RESURRECTION  
YOU HAVE SET US FREE.**

**The OUR FATHER is recited by everyone.**

**Response: FOR THE KINGDOM, THE POWER, AND THE GLORY ARE YOURS, NOW AND FOR EVER**

**Presider:** ... who live and reign for ever and ever.

**Response: AMEN**

**Presider:** The peace of the Lord be with you always.

**Response: AND WITH YOUR SPIRIT**

**All: LAMB OF GOD, YOU TAKE AWAY THE SINS OF THE WORLD: HAVE MERCY ON US.  
LAMB OF GOD, YOU TAKE AWAY THE SINS OF THE WORLD: HAVE MERCY ON US  
LAMB OF GOD, YOU TAKE AWAY THE SINS OF THE WORLD: GRANT US PEACE**

### **Communion**

**Presider:** Behold the Lamb of God,  
behold him who takes away the sins of the world.  
Blessed are those called to the supper of the Lamb.

**Response: LORD, I AM NOT WORTHY  
THAT YOU SHOULD ENTER UNDER MY ROOF,  
BUT ONLY SAY THE WORD AND MY SOUL SHALL  
BE HEALED.**

**Presider:** The Body of Christ

**Response: AMEN**

**Presider:** The Blood of Christ

**Response: AMEN**

### **Concluding Rite**

**Presider:** The Lord be with you

**Response: AND WITH YOUR SPIRIT**

**Presider:** May almighty God bless you,  
the Father, and the Son, and the Holy Spirit.

**Response: AMEN**

## **RENEWAL OF BAPTISMAL PROMISES (FOR CHILDREN)**

**Celebrant:** Do you reject sin, so as to live in the freedom of God's children?

**Response:** **I DO.**

**Celebrant:** Do you believe in God, our Father, who made heaven and earth?

**Response:** **I DO.**

**Celebrant:** Do you believe in Jesus Christ whose mother was Mary, who saved us by dying on the Cross and whose Father raised him from the dead and took him to Heaven?

**Response:** **I DO.**

**Celebrant:** Do you believe in the Spirit of God, the Holy Spirit who was given to the Apostles and with whom you are sealed today?

**Response:** **I DO.**

**Celebrant:** Do you believe in God's Church, the Holy Catholic Church, and all the People of God, living and dead who make up the Church?

**Response:** **I DO.**

**Celebrant:** Do you believe that God loves you and forgives your sins and the sins of all people, and that we will rise from the dead and live with God forever?

**Response:** **I DO.**

*The Celebrant now calls the whole community to make their statement of faith:*

### **FAITH STATEMENT**

**Celebrant:** Let us all, together, affirm the faith of these children.

**All:** **THIS IS OUR FAITH. THIS IS THE FAITH OF THE CHURCH. WE ARE PROUD TO PROFESS IT IN CHRIST JESUS, OUR LORD. AMEN.**

**BAPTISMAL PROMISES**     *(from, The Rites of the Catholic Church, 1976)*

**A**

**Catechist:**    Do you reject Satan?

**Parents and Godparents:**   **I DO.**

**Catechist:**    And all his works?

**Parents and Godparents:**   **I DO.**

**Catechist:**    And all his empty promises?

**Parents and Godparents:**   **I DO.**

**OR: B**

**Catechist:**    Do you reject sin, so as to live in the freedom of God's children?

**Parents and Godparents:**   **I DO.**

**Catechist:**    Do you reject the glamour of evil, and refuse to be mastered by sin?

**Parents and Godparents:**   **I DO.**

**Catechist:**    Do you reject Satan, father of sin and prince of darkness?

**Parents and Godparents:**   **I DO.**

**Catechist:**    Do you believe in God, the Father almighty, creator of heaven and earth?

**Parents and Godparents:**   **I DO.**

**Catechist:**    Do you believe in Jesus Christ, his only Son, our Lord, who was born of the Virgin Mary, was crucified, died and was buried, rose from the dead, and is now seated at the right hand of the Father?

**Parents and Godparents:**   **I DO.**

**Catechist:**    Do you believe in the Holy Spirit, the holy Catholic Church, the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting?

**Parents and Godparents:**   **I DO.**

**Catechist:**    This is our faith. This is the faith of the Church. We are proud to profess it, in Christ Jesus our Lord.

**All:**            **AMEN**

***PROPOSED FORMAL PRAYERS FOR PRIMARY SCHOOL: P - 6.***

**KEY:** (E) = EXPOSURE to the prayers so that students are aware of them and their purpose  
 (K) = KNOW the prayers so that students can fully participate in communal prayer

	<b>PRAYER</b>	<b>CATEGORY</b>
<b>Levels 1 &amp; 2</b>  (Grades Prep, 1 & 2)	Sign of the Cross Lord's Prayer Hail Mary Responses for Mass- Liturgical Greetings Grace before & after Meals Simple Act of Sorrow/Lord, have mercy Litany Rosary (Oct)	E & K E & K E & K E & K E & K E & K E
<b>Level 3</b>  (Grades 3 & 4)	Sign of the Cross Lord's Prayer Hail Mary Responses for Mass Grace before & after Meals Act of Sorrow Morning Offering Glory Be ... Baptismal Promises Angelus Rosary	E & K E & K E & K E & K E & K E & K E & K E & K E E
<b>Level 4</b>  (Grades 5 & 6)	Sign of the Cross Lord's Prayer Hail Mary Responses for Mass Grace before & after Meals Act of Sorrow Morning Offering Glory Be ... Rosary Apostles/Nicene Creed Magnificat Confiteor Angelus Hail, Holy, Queen	E & K E & K E & K E & K E & K E & K E & K E & K E E E E E